



Do You Need To Detox?

Keep track of how many times you answer “yes” to any of these questions! Then check out the instructions at the bottom of the page for where to head next!

- #1. Do you seem to react to every medication or supplement you try, get really bothered by strong smells, and/or have an allergy list a mile long?
- #2. Have you been dealing with weight loss resistance for a long time and can't seem to shake the extra pounds even though you “do everything right”?
- #3. Do you have a thick white/yellow/gray coating on your tongue and/or seem to battle with bad breath constantly?
- #4. Have you been battling acne, rashes, and/or rosacea that won't seem to go away/minimally improves with anything you try?
- #5. Are you constantly feeling run down, low energy, and/or deal with intractable fatigue?
- #6. Can you relate to feeling tired during the day, crashing at night, only to wake up in the middle of the night and not be able to get back to bed?
- #7. Do you deal with anxiety and depression that makes it difficult to take part in your regular daily activities?
- #8. Do you battle embarrassing body odor and/or excessive sweating?
- #9. Do you struggle with cravings for unhealthy foods and have an insatiable sweet tooth?
- #10. Do you struggle with symptoms suggestive of an autoimmune disorder/do you struggle with constant clues of your diagnosed autoimmune condition?

Did you answer “yes” to any of these questions?

Your body is crying out for some detoxification support!
Head on over to ZestyGinger.com/SeasonalDetox to get the help you need.