



ZESTY Ginger

BETTER HEALTH FOR BUSY WOMEN

TEAS & HERBS

DETOX HELPERS

DANDELION ROOT

Helps detoxification support pathways in the liver

BURDOCK ROOT

Phase 2 detoxification support that helps promote toxin removal

NETTLE

Mineral support for enzyme pathways

MILK THISTLE SEEDS

Increase levels of glutathione and acts as an antioxidant and anti-lipid peroxidative

RASPBERRY LEAF

Increases micronutrient levels and encourages healthy hormones

LEMON BALM

Promotes relaxation and central nervous system function

GINGER ROOT

Encourages optimal detoxification functions in the liver and gut

TURMERIC

Increases antioxidant levels and decreases inflammation

JOIN US: zestyginger.com/seasonaldetox
Support@zestyginger.com

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ESSENTIAL OILS

DETOX HELPERS

PEPPERMINT

Aids in the removal of bacterial toxins that linger in the body

GRAPEFRUIT AND ORANGE

Promotes healthy lymphatic circulation

LEMON

Promote liver and gut detoxification

ROSEMARY

Helps with healthy blood circulation

RASPBERRY LEAF

Stimulates healthy immune system function

FENNEL

Supports digestive and urinary detoxification pathways

YLANG YLANG

Help calm the central nervous system and deal with detox related symptoms

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